



**7<sup>th</sup> Grade Students** – ALL 7<sup>th</sup> Grade students NEED to have Physical Exams and Immunizations done BEFORE starting school in the Fall. Please call your Primary Health care provider NOW to schedule this physical and to get updated shots.

Physicals can be turned in by mail, fax, or dropped off in the main office. It is VERY IMPORTANT these get turned in on time!! Due to state law, students who have not turned in paperwork before November 1, 2021, will NOT be allowed to attend school until the paperwork has been received.

\*If student is playing sports, your Physical Exam qualifies as your Sports Physical.

**8<sup>th</sup> Grade Students** – ALL 8<sup>th</sup> Grade Students will need a Sports Physical completed if they are playing sports. This MUST be turned into the Nurse's office BEFORE they can participate in sports.



## *Friendly Reminder!!*

It is school protocol when a student is feeling ill, the student should report to the Nurse's office BEFORE contacting parents/guardians. This will allow the nurse to work with the student and family, as necessary.

Knowing that early detection is paramount with COVID 19, parents are requested to screen their children daily for illness and keep them home when ill. Students who become ill at school will be isolated until a parent or guardian picks them up.

Guidelines for keeping your student home: Temperature of 100° or higher, vomiting, or diarrhea (multiple times).

**If your student will be ill, please contact the School Attendance Office at 531-299-2400, option 2 or email [LCattendance@ops.org](mailto:LCattendance@ops.org) so, they can be marked out accordingly.**